

**WALK WITH A SCHOLAR PROGRAMME-2019-20**

**NEW INITIATIVE IN EDUCATION**

**DIRECTORATE OF COLLEGIATE EDUCATION GOVERNMENT OF KERALA**

**ACTIVITY REPORT & BEST PRACTICES 2019-20**

**KSM DB COLLEGE SASTHAMCOTTA**

## **ACTIVITY REPORT 2019-20**

Walk With a Scholar (WWS) scheme has been designed to arrange specialised mentoring programmes for students in Under Graduate Programmes in Arts, Science and Commerce Streams. The scheme originally introduced the idea of mentoring, building on the concept of mentor as a “**Guide and Friend**”.

One of the most prominent themes in WWS is to develop students into Scholars. WWS aims to nurture a scholarly attitude among selected bright college students in all disciplines provide them with learning opportunities to help sharpen their academic and critical thinking skills, help them confidently pursue their personal and academic goals, and guide them to develop socially responsible citizens. The programme’s emphasis is on nurturing bright students to transform into scholars in their respective disciplines in socially useful ways.

With these ideas, the WWS Scheme hopes to provide students with opportunities for learning to achieve the following main outcomes.

1. Academic Excellence
2. Personal Growth
3. Social Orientation

The activities for the academic year 2019-20 were planned and charted. WWS Co-ordinators meeting in connection with the Guidelines of 1<sup>st</sup> year WWS Programme held at Loyola College Sreekaryam on 21.08.2019. Since the scheme recommends that the scholars and internal mentors be from the same department, the College council held on 27<sup>th</sup> August 2019 identified five departments that will participate in the 1<sup>st</sup> year WWS programme. College Council selected the following departments: Two departments from Science Batch Two from Language Batch and One from Social science- Chemistry and polymer chemistry, Botany, History, Sanskrit, and Hindi. 5 Permanent teaching faculties are selected from these departments as Internal Mentors. A total of 6 bright students are selected from each department and allotted concerned mentors. Now we have 15 Internal mentors - Five

Internal mentors for 3<sup>rd</sup> Year Degree Batch Five Internal mentors for 2<sup>nd</sup> Year and Five Internal mentors for 1<sup>st</sup> Years having 90 scholars( 6 mentees /one Internal Mentor). A list of internal mentors and the students allotted to them are enclosed. Two of our Internal Mentors got an opportunity to attend 2 day Master mentors training workshop on 29<sup>th</sup> August 2019. smt Maya P.K Assistant Professor in Economics was appointed as the co-ordinator, WWS 2019-20.

### **Internal Mentoring**

Mentoring sessions were held at least once every month according to the convenience of the mentees and the mentors. The sessions included lectures, discussions and activities. Mentors assigned homework to their concerned mentees. All mentees have kept a diary for writing their achievements about each Internal and external session. After the sessions mentors take the feedback.

- I Year Internal Mentoring: There is a total of 10 Internal Mentoring sessions for I year. The components of the I year Internal sessions are- know your scholar, Philosophy of discipline, self-directed learning, critical thinking and interdisciplinary, Identifying personal strength and personal action plan, Book review and SWOT analysis. II Year Internal Mentoring: There is a total of 7 Internal Mentoring sessions for II Year. Components of the Internal sessions are the Basis of research, Discussing a journal article concerned with the Mentees subject, Higher education opportunities, Review of personal development plan etc. Though the mentees subjects are different from mentors it shows difficult to manage the components of internal mentoring.
- III Year Internal Mentoring: In the third year there are only 6 Internal Mentoring sessions for III Year. Components of the Internal sessions are preparing CV/Biodata, Interview preparation skills, presentation of the personal development plan and conducting a mock interview with all scholars.

### **External Mentoring**

A panel of external mentors has been prepared in consultation with the mentees and internal mentors. Eminent personalities who made remarkable contributions in their fields have been included in the panel. We have tried our best to include all components of external mentoring sessions as per Guidelines. Only those experts who have conducted mentoring

classes elsewhere and Experts from KSM DB College who have excellent feedback were invited for this programme. The class were arranged according to the convenience of the mentees. The mentoring programmes were conducted on Saturdays/ Sundays/Holidays to ensure that the mentees will not miss out on their regular classes. The feedback from the students reveals that they are highly benefitted from these external mentoring sessions. The External Mentoring sessions started in October 2019.

There is a total of 18 External Mentoring sessions conducted for I years. The components of each session are Review of Academic Book: To review Book, Coordinator Purchased Books “Wings of Fire” for each mentee as per External Mentor’s suggestion and he dictated each mentees performance. Other components are- Essential aspects of Research, SWOT analysis, Goal setting; Meet two experts through Interactions, Arts and self-development and understanding Constitution and democratic values. There are 7 External Mentoring sessions conducted for II years. The components of each session are Review journal article- here also Book “Wings of fire provided for review Book, Learn a soft skill and presentation skills, Gender sensitization and Environment Sensitisation. To know students gender sensitisation our second-year mentees prepared a questionnaire and conducted a survey and prepared a report regarding the Topic. For Know Environment problems in cooperation with Botany Department, second-year mentees conducted an awareness campaign regarding the protection of Sathamcotta Lake.

The following External Mentoring Classes were conducted during the year 2019-20:

No	Name of Resource Person	Topic	Mentees Class
1	M C Rajilan, TNA Consultant, Designer of Trainers, Govt of India	A concrete plan for Development, Gender Sensitization and Environment Sensitization	II Years
2	Dr Sushil Kumar R Associate Professor of English, KSMDB College Sasthamcotta	Review of Journal and Article and learn Soft skills	2 <sup>nd</sup> years
3	Dr SAJITH S J SASI Motivational Speaker	Self Awareness, SWOT, PDP and Goal Setting	For 1 <sup>st</sup> years
4	Adv. D Sureshkumar Advocate Kollam	Constitution and Democratic values	For 1 <sup>st</sup> years
5	Dr Sushil Kumar R	How to read and Review an	For 1 <sup>st</sup> years

	Associate Professor of English, KSMDDB College Sasthamcotta	Academic Book	
6	Dr C Unnikrishnan Writer, Reviewer, Social worker, Research Guide Principal KSM DBC	Interaction	For 1 <sup>st</sup> years
7	Adv K Somaprasad Member of Parliament, Rajyasabha	Interaction	For 1 <sup>st</sup> years
8	Sri Aathman AV Assistant Professor, Department of Malayalam	Art and Self-development	For 1 <sup>st</sup> years

(Photos are attached)

### **STATIONERY KIT**

The 90 students of Walk with a Scholar were given notebooks, and pens as part of the stationary kit allotted for the mentees for the academic year 2019-20.

### **Review Book**

The 60 students of Walk with a Scholar were provided with a Book For Review: “Wings of fire”.

### **BEST PRACTICES**

- For Book review “Wings of fire” (Wings of Fire: An Autobiography of A P J Abdul Kalam, former President of India, It was written by Dr Kalam and Arun Tiwari) 60 copies ( using coordinators charge) are purchased for 1<sup>st</sup> and 2<sup>nd</sup>-year mentees as per the direction of our External Mentor Dr Susheelkumar. In these sessions, mentees are given individual copies and prepare the review with the help of our External mentor.
- After the Gender sensitization and Environment sensitization sessions External Mentor DR.Rajilan motivated the 2<sup>nd</sup> year mentees to conduct a survey regarding gender sensitization in our college and prepare a report and conduct a seminar in co-operation with the Centre for Women studies KSM DBC Unit. After the survey students are under

the process of Report Preparation. To know Environment problems deeply, in cooperation with Botany Department second year mentees planning to conduct an awareness campaign regarding the protection of Sathamcotta Lake.

- After the Self Awareness, SWOT, PDP and Goal Setting sessions for Ist Years Whatsapp group “Success” created under the External Mentor Dr Sajith S Sasi and the through this group, students creativity, personality development Plan Interactions etc are improved a lot. Our majority of students are actively participating in this group.
- In our Syllabus, there are Interaction sessions for I<sup>st</sup> Years. With the help of our Principal, we arrange an Interaction with Sri Somaprasad, Member of Parliament, Rajyasabha. It is a very informative session for our students. 2<sup>nd</sup> and 3<sup>rd</sup> Years are also allowed to attend the session.
- As per our Principals direction, we arrange an orientation session for mentees to create awareness about the civil services Examination.
- Following are our best promising mentees who got motivated by each session.
  1. Sreelekshmy BS, III DC Chemistry ( Participated 2018-19 State level motivational camp)
  2. Parvathy B, II DC physics ( Gender Sensitisation study group leader)
  3. Anjaly I M, I DC Sanskrit (Actively participating in Internal and External sessions and creating new ideas in our successful WhatsApp group)
  4. Muhasina, II D C Hindi
  5. Vinaya Victor II DC Malayalam
  6. Keerthana Iyer, II DC Statistics

## Walk With a Scholar (WWS) Programme 2019-20

STATUS OF WWS  
(As of 15.02.2020)

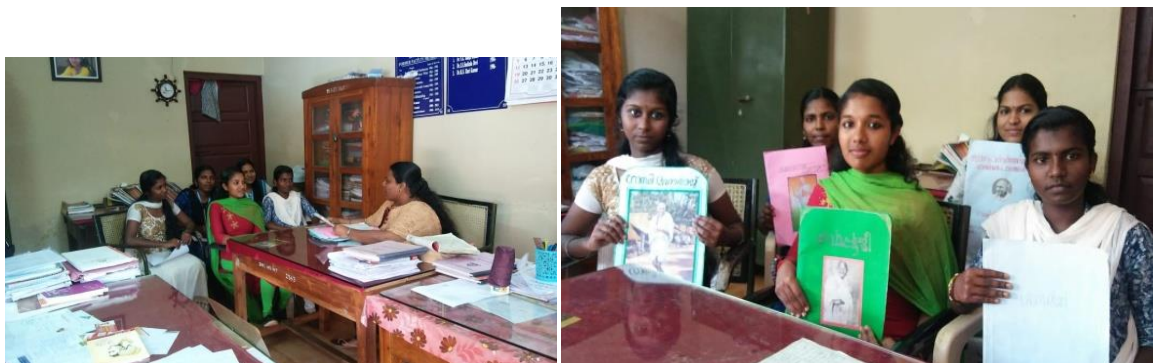
1.	Name of the College	KSM DB COLLEGE SASTHAMCOTTA	
2.	Name of the Coordinator of WWS Programme	Maya P.K	
3.	The number of students enrolled for WWS Programme for Semester:	30 students from 1 <sup>st</sup> year 30 students from 2 <sup>nd</sup> year 30 students from 3 <sup>rd</sup> year	
4.	Details of Internal Mentoring sessions engaged as on 31.01.2020	10 Session for 1 <sup>st</sup> years 7 sessions for 2 <sup>nd</sup> years 6 sessions for 3 <sup>rd</sup> years	
	Name of Internal Mentor Department	STUDENTS FOR MENTORING	No of Sessions engaged
(i)	Dr Sreejith A. Assistant Professor in Economics 2 <sup>nd</sup> Year Internal Mentor	Athulya A	6
		Aparna Raj	
		Pallavi Chandra Babu	
		Maya M	
		Anasuya P.B	
		Athira R	
(ii)	Lisa Pavithran, Assistant Professor in English 2 <sup>nd</sup> Year Internal Mentor	Anju T Pushpan	6
		Athira S	
		Neha Krishnan	
		Keerthana G Nath	
		Athira M S	
		Athira L	
(iii)	Dr Shelma R. Assistant Professor in Chemistry 2 <sup>nd</sup> Year Internal Mentor	Chanchal Jose	6
		Summayya	
		Sreeja Chandran	
		Sreelekshmy B S	
		Arathy S Nair	
		Ananthalekshmi R.S	
(iv)	Dr Manju M. Assistant Professor in Zoology 2 <sup>nd</sup> Year Internal Mentor	Sreelekshmy J	6
		Athira S	
		Aneesa S.K	
		Joyen Elgin	
		Akshaya Rajan	
		Arunima Raj	
(v)	Dr PradeepKumar, Assistant Professor in Commerce 2 <sup>nd</sup> Year Internal Mentor	Navya Nelson	6
		Shahina	
		Aashly Samuel	

		Akhil A	
		Kasyapasenan.S	
		Vimal M G	
(VI)	Jyothilekshmi T. M Assistant Professor in Sanskrit 1 <sup>st</sup> Year Internal Mentor	Unnimaya U	7
		Amritha Suresh	
		Neethu A	
		Athulya A	
		Sneha D	
		Rajalekshmi R	
(VII)	Dhanya S. Assistant Professor in Botany 1 <sup>st</sup> Year Internal Mentor	Sivakami R	7
		Gokul Prasad	
		Kavya Babu	
		Krishna Prasad	
		Pratheeksha P Pillai	
		Muhammed Shan S	
(VIII)	Dr. RemyaG.R. Assistant Professor in Physics 1 <sup>st</sup> Year Internal Mentor	Jeneesh M S	7
		Harilekshmi J G	
		Akshay S J	
		Keerthana Iyer	
		Megha Raju	
		Radhika V	
(IX)	Dr. ShameenaBasheer N. Assistant Professor in Physics 1 <sup>st</sup> Year Internal Mentor	Aswathy S	7
		Malu Chandran K S	
		Parvathy B	
		Meenakshy M S	
		Akhila V S	
		Karthika S Kurup	
(X)	Dr. Jayasree Assistant Professor in Hindi 1 <sup>st</sup> Year Internal Mentor	Muhasina	7
		surya	
		Devi R	
		Vinaya victor	
		Anjali P	
		Karthika S	
(XI)	Dr Dhanya L	Arunima U	10
		Aryamol T S	
		Manyavalsan	
		Mekha S	
		Amal Krishnan R	
		Gopika krishnan	
(XII)	Dr Ajayan T	Ajithakumari S	10
		SilpaMohan	
		Bobin Babu	
		Anjukrishnan	
		Ijaz Muhammed	
		Shahida S	
(XIII)	Dr Binusree Jayan	Dharsana A	10
		Akhila Mohan	



		Jyothilekshmi J	
		Surya suresh S	
		Neethukrishnan. U	
		Gopika Krishnan	
(XIV)	Dr Geethakrishnan P	Meenakshi M.S	10
		Aleena S	
		Aiswarya U	
		Raihana A	
		Neethu devan	
		Anjali S	
(XV)	Dr Sreegith T G	Abhirami B	10
		Aparna George	
		Anjaly I M	
		Shifana S	
		Anurenj A	
		Geethu G	
5.	Funds utilized as on 31.01.2020	Rs1,37600	
6.	Signature of the Coordinator		
7.	Signature of the Principal		
8.	Date		

## INTERNAL MENTORING I YEAR









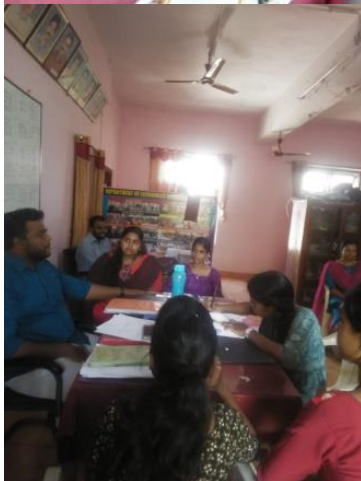


## INTERNAL MENTORING II YEAR

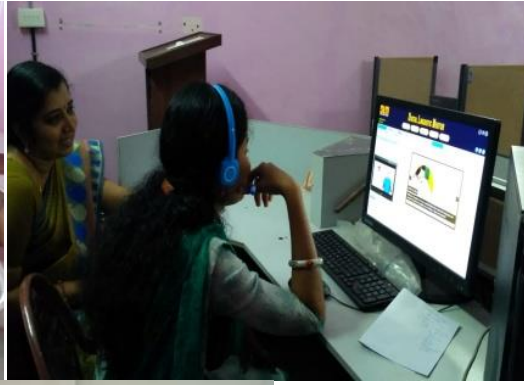




## INTERNAL MENTORING III YEAR









## EXTERNAL MENTORING I AND II YEARS



KSM DBC Sasthamcotta





YouCam  
Nov.23,2019

WWS



KSM DBC Sasthamcotta





## SWOT Analysis, PDP and Goal setting

YouCam  
Jan.04,2020







**Constitution & Democratic Values-WWS 1st yr**  
Jan.11,2020



YouCam



## WWS Interaction session

YouCam

Jan.22,2020





YouCam  
Jan.28,2020

wws-Interaction



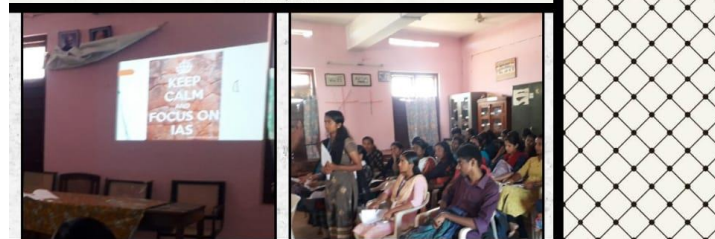
Adv K Somaprasad, MP







## Orientation-Civil Service





## Art & Self development

## STATIONERY KIT DISTRIBUTION



