



Gender Sensitization Activities Report – 2022-2023

Action Plan	Action Taken
Women Empowerment	<p>Bhumithrasena Club and the Department of Botany jointly organized a National Workshop on "Sustainable Menstrual Health" on 28th February 2023</p> <p>Department of Physics celebrated International Day of Women and Girls in Science on February 10th 2023</p> <p>As a part of Women's Day celebration, Centre for women's studies conducted a seminar based on the topic Changing Campus Relations: Challenges, Threats and Remedies on 7th March 2023</p>
Safety and Security	<p>Hindi department in association with Kerala State Literacy Mission conducted an awareness class on global drug abuse and illicit trafficking on 27th June 2022 as a part of International Antidrug day programme</p> <p>An awareness on safety glasses and their distribution to public was organized by Department of Zoology and Health education club together in association with MTMMM Hospital, Bharanikavu on 23rd and 24th March 2023</p>
Guidance and Counselling	<p>Counselling sessions were arranged for students of all departments to make students face depression, stress, anxiety and also help them to develop learning skills</p> <p>Radio Club together with Hindustan Unilever Limited conducted a programme on Personality development on February 10th 2023</p> <p>Ethics committee and internal complaints committee organized an invited talk and interactive session on "Ethics and Morality in Public Space" on 15th March 2023</p>
Health and Wellness	<p>National Service Scheme conducted Yoga Training Session on 21st June 2022 as a part of International Yoga Day</p> <p>Red Ribbon Club associated with National Service Scheme took the pledge as a part of AIDS Day on 1st December 2022. The effective participation of volunteers made the program a huge success and had a strong impact on AIDS awareness.</p> <p>National Service scheme along with JCI Sasthamcotta conducted an Anti Drug Awareness Campaign on 4th November 2022</p> <p>An awareness class "Jeeva Rektham" was conducted on 27th June 2023, organized by Red Ribbon Club in association with National</p>



	<p>Service Scheme</p> <p>Department of Zoology and Health education club together in association with MTMMM Hospital, Bharanikavu organized a free eye camp and cataract surgery registration on 25th February 2023</p>
	<p>Community and health activity club Organized a webinar in the topic “ Mental Health Awareness: A Solution to Contemporary Issues on 25th February 2023</p>



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